

## **Mental Health & Emotional Wellbeing Training 2016/2017**

### **Dementia Awareness – Facilitated by Alzheimer Society**

9.30 – 4.30 p.m 23rd November 2016 – Learning Lodge Magherafelt

### **Understanding Self Harm -Facilitated by ZEST**

9.30 – 4.30 p.m Sept 15th 2016 – Lurach Centre Maghera

9.30 – 4.30 p.m Oct 14th 2016 – Involve House Magherafelt

9.30 – 4.30 p.m March 7th 2017 – Crieve Centre Stewartstown

### **Bereavement Awareness Training – Facilitated by Cruse**

9.30 – 1.00 p.m November 17th 2016 – Involve House Magherafelt

### **Child Bereavement Awareness training – Facilitated by Barnardos**

2.00 – 2.03 p.m November 17th 2016 – Involve House Magherafelt

All courses are free kindly funded by the PHA. Booking essential contact Denise Doherty 028 79 634865 – [denise@cwsan.org](mailto:denise@cwsan.org)