North Antrim Community Network SGS Website Summary

|  |  |  |  |
| --- | --- | --- | --- |
| **Theme** | **Activity** | **Area** | **Officer** |
| **MEA Council** |  |  |  |
| Physical Activity & Nutrition | Northend Fitness & Healthy Eating | Ballymena | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Physical Activity | Chair Yoga for Arthritis Sufferers | Ballymena | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Physical Activity | Walk NI for Health | Ballymena | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Physical Activity | Chair Yoga for ethnic minorities | Ballymena | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Physical Activity | Party with a Positive Twist | Ballymena | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Health & Social Wellbeing | Wellness for Life Programme | Ballymena | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Physical Activity | You Can Dance | Larne | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Physical Activity | Early Years Zumba | Larne | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Oral Health | Mouth Matters | Larne | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Environmental | Get Hands on Outdoors | Larne | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| **CC&G Council** |  |  |  |
| Nutrition | Eating Well for Less | Ballymoney | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Physical Activity | Cushendun Winter Shape Up | Moyle | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Awareness Raising | 3 As (Arthritis, Awareness & Action | Moyle | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Nutrition | Community Food and Health | Moyle | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Raising Awareness of Volunteering | Update Training | Moyle | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Health & Social Wellbeing | Improving Community Health  Reducing Social Isolation | Moyle | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Physical Activity | ROBL 16 | Moyle | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Health & Social Wellbeing | Improving Health & Wellbeing  Through relaxation | Moyle | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Physical Activity | Dancing for Seniors | Moyle | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Physical Activity | Fit for Fun  Zumba for Children | Moyle | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Physical Activity | Winter Walking in the Glens | Moyle | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Physical Activity  & Nutrition | Fit for Fun for Life | Moyle | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |
| Nutrition | Encouraging Food Consumption among Children | Moyle | Veronica McKinley  Tel: 02821772100  Email: [health@nacn.org](mailto:health@nacn.org) |