TOOL 12 – **COMMUNITY SURVEY**

COMMUNITIES IMPROVING HEALTH

....

have secured funding and support from the NICHI Project to develop a programme of action to improve health and wellbeing within the following area:

We want the community to get involved in shaping this programme so that it meets local people's needs and interests.

Please take a few minutes to tell us your views.

Education   Social support   Family income   Employment   Our communities   Access to health services   Childhood experiences   Housing

A healthy community can be defined as one with healthy people, strong community networks and a good quality of life for all. Health starts in our homes, schools, workplaces and communities and are affected by a wide range f issues such as:

- Behaviours (30%) – Smoking, Diet, Exercise, Alcohol & Drugs Use, Sexual Activity, Social Interactions & Relationships

- Health Care (20%) - Access to and Quality of Health and Primary Care, Health Literacy

- Social & Economic (40%) – Education - Early Childhood Education & Development, Higher Education, Language & Health Literacy; Employment, Income, Family & Social /Community Support, Discrimination, Social Cohesion, Community Safety, Crime & Violence; Poverty, Fuel Poverty, Housing Instability, Food Insecurity

- Physical Environment (10%) – Quality of Air, Water & Food, Green Spaces, Housing & Access to Transport

1. On a scale of 1 – 10, how healthy do you feel your community is to live in? (1 is very unhealthy, 10 is very healthy).

   ☹ 1   2   3   4   5 😐   6   7   8   9   10 ☺

2. What, in your view, are the main factors impacting on people's health, either positively or negatively? (think about individual lifestyle choices, social conditions such as: community resources, wider environment eg. income and social status, poverty, education, physical environment – safe water, clean air, healthy workplaces, quality housing, communities and roads; employment and working conditions, social support networks, gender, genetics, access and use of services that prevent and treat disease etc…)

   ....

   ....

   ....

3. What do you think would help to make this a stronger, healthier community to live in?

   ....

   ....

   ....

4. Are you aware of any opportunities or resources that already exist in ………………………………………… to support the creation of healthier people and communities?

Please Tick - Yes ☐ No ☐ *If yes, please list:*

………

………

………

………

………

………

5. What kind of activities/events/initiatives would encourage you to participate in this Communities Improving Health programme?

……

……

……

……

……

……

6. Please write any other comments/suggestions/thoughts here:

……

……

……

……

Many thanks for sharing your views with us.

Please provide an email address or contact number if you would be happy for us to contact you about future activities and initiatives:

Name: ………

Contact number:……

Email address: ………

If you would like to receive an Ezine about social health and well being activities/training within teh Northern Loaclity area, please sign up for free here https://healthallianceni.com/membership-registration/