

TOOL 27 – REFLECTING ON PRACTICE – WHAT, SO WHAT & NOW WHAT?

Reflecting on Practice - Skills Audit

This can be used by practitioners in a formal role and also by volunteers who can reflect on past experiences. Based on Borton (1970), reflective model which asks; What? So What? And Now What?

Name:

Group:Date:

Reflect on your experience of community development practice to consider your own competence as a practitioner.

1. What? When analysing your practice include evidence from the three areas below:

- The process – high points and low points
- The community – evidence from formal and informal feedback
- Self reflection - your skills, strengths, weaknesses, and knowledge, personal attributes which help you in your role.

To guide this CDNOS 2015 information sheet **(Tool 1)** can be used.

2. So What? Consider any gaps in skills and knowledge

3. Now What? What actions can be taken to improve practice, skills and knowledge?