

Connections Awareness Sessions Outline

<p>Course Title Alcohol and Other Drugs in Sport and Life</p> <p>Duration 2 Hours</p>	<p>Course Summary A session looking at the role sports clubs have in sending out clear and consistent messages in relation to their boundaries on alcohol and other drugs, while also taking into consideration the impact they as a club can have on the community.</p>
<p>Target Group: Managers, coaches, trainers, committee members and adults associated with sports clubs.</p>	<p>Course Objectives To provide coaches and other club representatives with an accurate snapshot of existing trends in alcohol and other drugs use and how these can affect their club from both a performance level and highlight the role they can have in prevention.</p>

<p>Course Title Alcohol and Other Drugs in Sports and Life for Players</p> <p>Duration 2 Hours</p>	<p>Course Summary A session looking at issues related to alcohol and drugs in sport and wider life for young people.</p>
<p>Target Group Players and young people attached to sports clubs.</p>	<p>Course Objectives To look at the impact the misuse of alcohol and other drugs can have on sporting performance as well as on wider life and to highlight what supports are available and how to access them.</p>

<p>Course Title New Psychoactive Substance Awareness</p> <p>Duration 1-2 Hours</p>	<p>Course Summary A session designed to raise awareness around NPS in a normative way while dispelling myths and placing their use in context within the community.</p>
<p>Target Group General public, parents and guardians</p>	<p>Course Objectives By the end of the session participants will be: more aware of the prevalence of NPS use; able to define NPS and explain why NPS is preferable to “legal highs” in describing these substances; able to place their</p>

	emergence into a historical and societal context; able to understand the change in laws in regards to NPS; more aware of DAMIS and WEDINOS; more aware of local services and how to refer clients.
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<p>Course Title RAPID Awareness Session</p> <p>Duration 2 hours</p>	<p>Course Summary To provide a basic understanding in regards the use and misuse of prescription and over-the-counter drugs in Northern Ireland and protocols surrounding the installation and use of a RAPID bin.</p>
<p>Target Group Community stakeholders and PCSP's in areas where a RAPID bin is to be installed.</p>	<p>Course Objectives To provide a basic understanding of what medicines are being misused within Northern Ireland. To provide basic understanding of how medicines are being misused within Northern Ireland. To promote the existence of a locally installed RAPID bin and associated protocols.</p>

<p>Course Title Parent's Substance Awareness Session</p> <p>Duration 2 hours</p>	<p>Course Summary Provision of basic substance awareness information for parents, guardians and carers.</p>
<p>Target Group Parents, carers and guardians</p>	<p>Course Objectives To provide a basic understanding of what substances are being used and /or misused in Northern Ireland. To ensure participants are aware of the help agencies in their area and how to access these services.</p>

<p>Course Title Substance Awareness Session</p> <p>Duration 2 hours</p>	<p>Course Summary Provision of basic substance awareness information.</p>
<p>Target Group General public, 18 years +</p>	<p>Course Objectives To provide a basic understanding of what substances are being used and/or misused in</p>

	Northern Ireland. To ensure participants are aware of the help agencies available in their area and how to access these services.
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<p>Course Title Alcohol Awareness</p> <p>Duration 2 hours</p>	<p>Course Summary</p> <p>This course will provide a more in-depth understanding of alcohol and its effects. It will provide participants with an understanding of how alcohol affects users and others around them. It will provide information on relevant guidance for addressing alcohol misuse, and how to signpost clients to supports.</p> <p>Participants should already have a basic knowledge of drugs and alcohol before completing this course.</p>
<p>Target Group</p> <p>This module is aimed at those who want to have a better understanding of Alcohol. This is an information based awareness raising course and is open to any individual working in the statutory or voluntary sector.</p>	<p>Course Objectives</p> <p>After completing the courses, participants will be:</p> <ul style="list-style-type: none"> • Aware of the prevalence of alcohol use • Aware of the legal framework for alcohol • Understand the alcohol units • More aware of levels of harm for the user associated with alcohol misuse • Aware of social impacts of alcohol • Aware of evidence and guidance regarding alcohol • Aware of evidence and guidance regarding alcohol • Aware of local services and how to refer them