

TOOL 15 - OBA ACTION PLANNING TEMPLATE

An Outcomes Based Approach action plan based on the identification of assets and needs.

What needs to change?	What methods will we use?	What will we do?	What resources will we use?	How will we know that changes have taken place?
Families not active enough	Steps to health/new me programme. Link to Obesity partnership programme	Walking group, healthy eating, coping with stress, involving the whole family. Cook It Programme	Northern Trust Obesity Project Co-ordinator. NICHl to support audit and event	Number of families involved in activity increased