

TOOL 4 - REFLECTIVE PRACTICE METHODS

There are many models and tools to support both groups and project officers to reflect. All approaches consist of three fundamental series of actions; thinking back on events, attending to feelings through self evaluation, re-evaluating experiences in this case through the lens of community development values.

Table 1 shows some ways of doing this.

WHAT	WHO	WHY	HOW	WHEN
Personal Reflective Diary	NICHI Officers	Reflect on learning gained and record use of community development practice	Record input to group/process and what happened, personal feelings and reflection, future actions	Following each input. (reflection on action)
Reflective Practice Meetings	NICHI Officers	Reflect on learning gained and record use of comm. dev practice. Compare experiences and facilitate Johari window reflection	Incorporate into officers meeting using Johari template and Nation values template questions. Record outcome.	At NICHI Officers meetings
Event	Groups and Officers	Provide space and time for reflecting on practice. Networking and sharing of ideas	Facilitated event (See template - Tools 3)	Mid way point - eg. November
Reflective Time Line	Groups Led by Officer	Know it when you see it!	See Tool 26 Reflecting on Practice – What, So what, Now what	At the end of the project - eg. March