

TOOL 9 – WHAT IS EXPECTED INFORMATION SHEET

Starting The NICHI Model Process

i. What does the ‘Communities Improving Health’ Programme entail over the financial year?

- The NICHI officer will provide ongoing support and assistance throughout the year
- The NICHI officer will deliver a Community Development presentation to the community group which will be an interactive workshop
- Support & assistance completing Action Plan using the toolkit
- Information on what is available in the community & assessing various health & well-being initiatives identified by the group
- Regular contact via phone calls, email and meetings with the group

What is expected from the group?

Using a scale (1-5); 1=little interest/motivation; 5=high interest/motivation

ACTION	SCORE
Willingness to have regular contact with the NICHI officer with updates on the project (e.g. is it running within allocated time frame)	
Complete a Community Development workshop (1-2 hours delivered by the NICHI officer)	
Responsible for advertising programmes/activities as part of the Communities Improving Health action plan amongst the local community	
Ensure that the action plan runs within specified time frame	
Willingness to complete a pre & post evaluation	
Attendance at as many/ all (if possible) sessions/activities as part of Communities Improving Health	
Willingness to complete ‘Asset Mapping’ to identify community need around health and well-being issues	
Willingness to update NICHI officer on the progress of health & well-being programmes & activities	
Willingness to feedback to the NICHI Officer including comments from the group	
Willingness to ensure invoices are submitted within specified timeframe	
TOTAL SCORE	

Recruitment Activities Suggestions

- Information workshops (background to Communities Improving Health, what is entailed and what is expected from the group)
- Examples of previous good practice
- Interactive workshops including health and well-being ideas to provoke thought around health & well-being
- Specific workshops regarding health & well-being support that is available in the community

ii. 'Communities Improving Health' Selection Process

Communities Improving Health Proposals will be assessed using the following criteria

- The groups understanding of the NICHI Model
- Groups / Organisations applying – this scheme is focused on 'grass roots' groups that are local to the given area
- Motivation to commit to 'Communities Improving Health' Project for one year
- Commitment of the group to be actively involved and engage in the NICHI Model
- Motivation to have regular contact with the NICHI Officer throughout the project
- Willingness to participate in a Community Development workshop delivered by the NICHI Officer
- Proposals that show creative means of promoting health and well-being in a local community

iii. Explaining The Communities Improving Health Model

