

# ADVOCACY FOR ALL



## *Free Course Opportunity*

### ***Understanding the principles of self-advocacy***

### ***OCN Level 2 Advocacy Course***

#### **Course purpose and aim(s):**

This free OCN accredited course will enable the learner to understand different types of advocacy, the advocacy relationship and how it may be used to resolve conflict.

You will also learn communication and assertive skills that are key to good advocacy, alongside the type of support people need to empower themselves. You will also gain an understanding of safeguarding and the advocacy process.

The course will be delivered over a two week period.

As part of the course you will attend four live group sessions, two each week over the two week period, these sessions will be delivered online. The live sessions will be on a Monday & Tuesday 9:30am to 4pm. The course will also provide the opportunity for independent learning, with a tutor available for an additional full day during the two week period.

Within each live session, you will take part in a range of activities, which will help you reflect critically on your existing knowledge and build on the materials within the course. You will be able to apply your understanding in group discussions and case studies.

**Attendance at live sessions will be required in order to obtain your qualification.**

#### **Learning Outcomes:**

1. Understanding the principles of advocacy and the advocacy process
2. Understanding self-advocacy and the potential barriers to self-advocacy.
3. Understand disempowerment and how it may impact on the advocacy process
4. Understand the advocacy relationship
5. Understand conflict and conflict resolution tools

#### **Assessment requirements**

On successfully completing the course and submitting your course workbook, you will gain a **Level Two Award**.

#### **Who is this course for?**

This course is for anyone 18 or over, with an interest in advocacy. This course may lead to volunteering opportunities.

#### **If you are interested in finding out more information or to enrol:**

**Website:** [www.inspirewellbeing.org/advocacy-for-all](http://www.inspirewellbeing.org/advocacy-for-all)

This project is funded by the Department of Health's Mental Health Support Fund administered by the Community Foundation for Northern Ireland.

